

JUNIOR QUESTIONNAIRE

Full legal name _____ Prefer to be called _____

Telephone _____ Birthdate _____

Address _____

E-mail Address _____

As your college counselor, my responsibility in preparing your letter of recommendation is to provide an overview of your academic and extra-curricular achievement as well as some sense of you as a person and your promise for further personal and intellectual growth. It is not easy to convey the unique qualities that make you "you." I need your honest estimation of yourself, what you have done, and what you have left to do.

*Please take the time to think about who you are and where you are headed. Do not limit yourself to discussing yourself only in terms of what has happened to you at school. Incorporate experiences and activities drawn from any part of your life, and **BE SPECIFIC**. Do not hesitate to go beyond the spaces provided.*

Before turning this document into the College Counseling Office, please make a copy for yourself to assist you in completing your college applications.

FAMILY INFORMATION

Father's Name _____ Undergraduate College Attended _____

Occupation _____ Graduate School _____

E-mail Address _____

Mother's Name _____ Undergraduate College Attended _____

Occupation _____ Graduate School _____

E-mail Address _____

If parents are divorced or separated, with whom to you primarily reside? _____

Name of Sibling	Age	College Attended (if applicable)
_____	_____	_____
_____	_____	_____
_____	_____	_____

EDUCATIONAL INFORMATION

1) *List any other high schools you have attended and the grades of your attendance.*

Schools _____ Grades _____

2) *List any colleges at which you have taken courses for credit, the names of your courses, the grades you earned, and the reason for taking the course:*

<i>Name of College</i>	<i>Course Title</i>	<i>Grade</i>	<i>Reason for Taking Course</i>
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a) _____

b) _____

3) *Approximately how many hours on weeknights do you study?* _____ *Weekends?* _____

4) *What type of student are you? What academic settings and assignments do you most enjoy? What subjects interest you the most?*

5) *Which courses have given you the most difficulty?* _____

Why? _____

6) *How have you challenged yourself in high school? Is your academic record an accurate measure of your ability and potential? If not, what do you consider the best measure of your potential success in college work?*

7) *Are there any outside circumstances that have interfered with your academic performance during high school? This is especially important if your academic record has any blemishes that need explaining. Also, if there are things you could change about your academic history at Hawken, such as work ethic or courses you have or have not chosen to take, what would they be?*

8) *Name the high school teacher who has most positively influenced you.*

Name _____ Subject _____

Why? _____

EXTRA-CURRICULAR INFORMATION

9) *List in order of importance to you the academic/ sports/ arts honors, prizes, or awards you have received in or out of high school, along with a brief description.*

a) _____ b) _____

c) _____ d) _____

e) _____ f) _____

g) _____ h) _____

10) Complete the following table and include all activities in which you have participated. If you need additional space, please attach another piece of paper or continue on the back side of this sheet. Be as specific as you can be, and include your involvement in: Arts (literary, art, drama, dance); Music (private and/or class, organizations, recitals, contests); Athletics (include all JV and Varsity letters and positions played/ events in which you competed (track)); and any other activities.

Activity	9	10	11	12	Hours per week	Weeks per year	Positions held, honors won, or letters earned	Do you plan to participate in college?

11) Which activity means the most to you? Why? _____

ADDITIONAL HIGH SCHOOL EXPERIENCES

12) Work Experience - List any job you have held during your high school years.

<i>Specific nature of employment</i>	<i>Employer</i>	<i>Approximate dates of employment</i>	<i>Hours per week</i>
a) _____	_____	_____	_____
b) _____	_____	_____	_____
c) _____	_____	_____	_____
d) _____	_____	_____	_____

13) Summer Experiences - Has any activity been of great importance to you? Please elaborate on your most significant summer experiences.

14) Church, Temple, or other Religious Involvement.

15) Community Service/Volunteer Work beyond the Hawken service requirement (please be thorough in your explanation).

16) Have you traveled or lived in different places? Where? Comment on significant travel experiences.

17) Describe a couple of experiences, whether academic, activity-related, or personal, of which you are most proud.

18) It is difficult to communicate to a college all that any student has accomplished and become. What would you most like to have recognized as a college considers your candidacy? What distinguishes you from the other students in your grade?

- a) _____
- b) _____
- c) _____
- d) _____

INTERESTS & ATTITUDES

19) Rank yourself in the following categories:

	<u>Below Average</u>	<u>Average</u>	<u>Above Average</u>
Energy	_____	_____	_____
Independence	_____	_____	_____
Originality	_____	_____	_____
Leadership	_____	_____	_____
Self-confidence	_____	_____	_____
Reaction to criticism	_____	_____	_____
Sense of responsibility	_____	_____	_____
Respect from faculty	_____	_____	_____

20) Describe yourself by listing a series of adjectives and elaborating on two or three. Would your friends agree with your assessment? Why or why not?

21) What do you consider to be your greatest strengths?

22) *Are there things you wish you could do better? What are they?*

23) *List and describe any hobbies or special interests you pursue on your own time.*

- a) _____
- b) _____
- c) _____
- d) _____

24) *What do you admire in other people? (Special Interests/Skills/Personal Qualities).*

WRITING SAMPLE

Imagine that you are the college counselor. Based on the information you have provided thus far, write a 250-500 word letter of recommendation for yourself, highlighting characteristics and accomplishments that you feel is important to share with colleges. Topics to include, but are not limited to, are your academic progress, co-curricular activities and personal qualities that are distinctive. Also include any shortcomings that you have overcome or are in the process of addressing. This exercise will allow your counselor to know you better, and more pertinently, how you feel about yourself, as the two of you embark on this journey together. Please type the letter and submit it with this questionnaire.